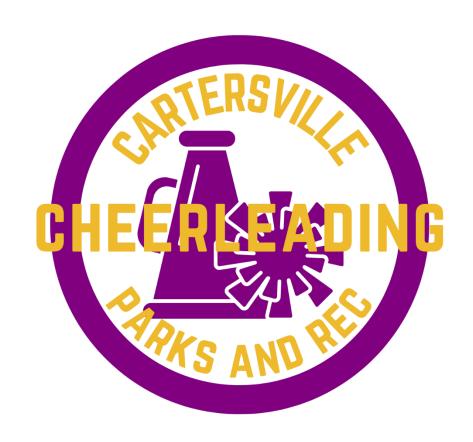
Cartersville Youth Cheer League 2023 Information Guide



www.cityofcartersville.org

Table of Contents

Mission Statement			
Note from	the Coordinator		Page 2
Policies an	nd Procedures		Page 3
I. II.	Registration Information Eligibility	Page 3 Page 3-4	
III. IV. V. VI. VII. VIII. IX. X. XI.	Skills Assessment Uniform and Equipment Game Day Reminders Playing Rules Cheers Conduct Facility Addresses Inclement Weather FAQ	Page 4 Page 4 Page 4-5 Page 5-6 Page 6-7 Page 8 Page 8 Page 9 Page 10-11	
Volunteer I.	Coaches Parents Code of Ethics	Page 13	Page 12
Participar I. II. III.	Players Code of Ethics Corrective Action Policy Calendar of Events	Page 14	Page 14
Administr I. II. III.	Responsibility and Expectations Administers Code of Ethics League Coordinator Contacts	Page 15	Page 14

Cartersville Parks and Recreation Mission Statement

"To provide quality recreational athletic programs for the youth of our community, where participation, instruction, sportsmanship and teamwork are achieved in a safe and enjoyable environment."

Note from the Coordinators

Welcome to Cartersville Parks and Recreation! We would like to say THANK YOU for registering your son or daughter in the league. CPRD appreciates the support of the parents, coaches, and community. Without our volunteers working tirelessly, CPRD would not be able to provide the City of Cartersville with the many programs that are offered.

The players are here to develop in a fun and a positive environment. Practice and games will help your child to grow within the sport as well as learning the importance of teamwork. We request that you put your competitiveness aside during recreational games and cheer for the points scored on both sides. Yes, you read that right. There is no reason why we can't celebrate the accomplishments of every child on the court. Your choice of words towards the players and coaches will help to keep the environment fun and safe.

We have listened to the parents, coaches and community and are working hard to improve your child's experience with Cartersville Parks and Recreation. We are excited for the opportunity to work side by side with our community. The staff at Cartersville Parks and Recreation are always here to help. We hope you enjoy the season and the improvement that will continue to be made.

Sincerely,

Jaylon Pugh, Athletic Program Coordinator
Allison Rutledge, Athletic Program Coordinator
David Archer, Jr., Deputy Director, Athletics & Services

Policies and Procedures

I. Registration

- **A.** The number of participants that can be accepted by the Cartersville Youth Football League is determined by the amount of field availability.
- **B.** All registration information will be maintained by Cartersville Park and Recreation. The number of participants accepted in each division is determined in the following manner:
 - 1. A player will be placed on a waiting list when the league for that player's age group is full. A player will be granted a spot in the league based upon availability and will be placed on a team by the League Coordinator.
 - 2. Additional players may not be added to any team once the regular season has begun. Exceptions include when a team is short of the maximum number of players after the draft, loses a player to injury, player relocation from the area, or disciplinary action by the parents (removal from the league) and only then with the prior approval of the League Coordinator. In the event a team has room and requests to add a potential participant, they must take names from the waiting list for their age division in the order. All additions will be up the discretion of the League Coordinator.
- C. Refund Information: A full refund will be given to any player who requests to be removed from the Cartersville Youth Flag Football League before the registration deadline. There will be a \$25.00 administration fee.

II. Eligibility

- **A.** The age control date for all age divisions will be September 1st of the current year.
- **B.** All participants must have a birth certificate on file with the Cartersville Parks and Recreation in order to participate in the Cartersville Youth Tackle Football League.
- C. The three (3) age divisions for girls are as follows:
 - 1. 6U
 - 2. 8U
 - 3. 10U
- **D.** A participant is allowed and limited to compete in only one age division.
- **E.** All participants must play in their designated divisions based upon the age control date of September 1st
 - Note: The only exception is if an age group is full and there are openings in an upper group and is approved by the League Coordinator.
- **F.** No player will be drafted if the league registration fee has not been paid in full prior to draft.

Players who applied to the league for hardship or have agreed to a payment schedule worked out with the League Coordinator are exempt.

G. Coach request will be taken into consideration but are not guaranteed.

IV. Skills Assessment

Skills Assessment Instructions

- 1. When players arrive, parents need to verify all information listed on the check in sheet.
 - a. If they did not provide an email address, ask them if they have one. The League Coordinator will communicate with parents throughout the season via email.
- 2. Each player will be given a number which can be found beside their name.
 - a. Numbers should be placed on the front of each child.
- 3. As coaches arrive, they will receive their skills assessment sheets.
 - a. Confirm that they have completed & submitted their coach's application.
 - b. The coach's name should be written at the top of the page.
- **4.** If a player shows up that is not on the list, continue with the following procedures:
 - a. Register the player.
 - b. Player has the option to attend assessments and pay later, IF assessments occur before the registration deadline.
 - c. Fill out the next line on the check-in sheet.
- 5. Please note that attending player assessments <u>does not</u> automatically guarantee a spot within the League. Especially, if they have not registered yet.

IV. Uniform and Equipment

- **A.** The city will provide top, skirt, bloomers, socks and pomp that must be worn in *all* league play.
 - 1. The purchasing of white shoes and a bow will be the responsibility of the parent or guardian.
 - 2. League issued uniforms must be worn at each game.
 - 3. Players are not permitted to modify their jersey or shorts in any way.

V. Game Day Reminders

- A. The HOME TEAM shall always sit on the RIGHT-SIDE BENCH (team facing the field).
- B. The VISITING TEAM shall always sit on the LEFT SIDE BENCH (team facing the field).
- C. Player jerseys shall always remain tucked, and shorts worn at the waist. The officials have the discretion to remove a player from the game until corrected (if needed).
- D. Coaches should wear the appropriate coaching shirt, pants and shoes.
- E. Only APPROVED coaches are allowed on the bench during games. A maximum of 2 per team.

- F. Coaches are encouraged to introduce themselves to the officials prior to each game and be sure to review any questions for clarification as they pertain to the rules or game.
- G. Parents and Spectators shall use POSITIVE reinforcement for all coaches, officials, and players!
- H. All balls should be held by players, coaches, and spectators to eliminate potential game interruption.
- I. At the conclusion of each game the teams competing are required to show sportsmanship and shake hands. It is strongly encouraged to simply say "good game" and give soft "high fives" so that nothing else can be interpreted the wrong way.
- J. Everyone is asked and encouraged to remove all trash that is collected or left on the grass area or team bench areas at the conclusion of each game. Leave it cleaner than you found it.
- K. Small children must always be supervised, particularly in the lobby areas and parking lots.
- L. Good Luck this season and thank you for your continued patronage!

VI. Playing Rules

AGE DIVISIONS

Participant must be 6 by the age control date: on September 1, current year.

- 1. There are four age divisions for cheerleading:
 - a. 8 & Under
 - b. 10 & Under
 - c. 12 & Under
 - d. 14 & Under
- 2. Youth coaches must be certified by one the following programs: NYSCA, ACEP, or GHSA.
- 3. Any player or coach ejected from a game for unsportsmanlike conduct will be suspended for one game, in addition to the game from which ejected: or, in the case of an individual event within a meet or match, for the duration of that event.

GOVERNING RULES

- 1. GRPA meets are governed by the current rules and regulations set by the National Federation Spirit Rules Book and the GHSA Competitive Cheerleading Manual minus the exceptions as may be stated in this manual.
- 2. Per the "Return to Play Act of 2013", effective January 1, 2014, all agencies are required to provide concussion education material to all youth participants and their parents. The

- verification of compliance to this law is affirmed by the signature of the agency director on the GRPA roster.
- 3. All head and assistant coaches that are coaching youth teams participating in all levels of GRPA Athletics must have undergone a criminal background check through their Department. By signing the teams GRPA roster, the Department Director or their designee attests that this has taken place.
- 4. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. The use of audio or visual recording devices is not allowed in resolution of protested matters.

LENGTH OF GAMES

- 1. A regulation game shall consist of four (4) 8-minute quarters.
 - a. Each team shall be allowed three (3) time outs per half.
 - b. Half-time shall consist of no more than 10 minutes.
 - c. Half-time show shall be no more than five (5) minutes in length

CHEERS

Open up the barnyard	Hurricanes, you know what you've	
Kick out the hay	been told,	
We're the girls from the USA	You've got to rock with the purple	
	And roll with the gold	
S-C-A-R-E-D (jump)	Who rocks the house? (poms)	
We got em scared	The Canes rock the house	
Woo!	And when we rock the house	
Shaking in their knees	We rock it all the way down	
A-W-E-S-O-M-E	Impressive (poms, jump)	
Were awesome, awesome	That's what we are	
Totally	Hey were the best by far	
S-Score, Score	That's OK, thats alright (poms)	
C-Score, Score	Stay in there and	
S-C-O-R-E	FIGHT, FIGHT	
Score, Score		
The Cookie Monster says that the Canes	You may be good at basketball	
are	You may be good at track	
The great big cookies at the top of the jar	But when it comes to football	
The Cookie Monster says that the	You might as well step back	
The little bitty orumbe at the bettem of the		
The little bitty crumbs at the bottom of the jar (poms)		
Jui (poins)		

Way to go Hurricanes	Let's go Purple	
Way to go	Purple lets Go!	
What do we want? T-D	Touchdown! We say purple, you say	
What's that?	Hurricanes	
	We say spirit, you say got it	
	We say number, you say one	
Dynamite (jump)	Shout, Shout (poms, jump)	
Our team is Dynamite	Everybody lets Scream, Scream	
Our team is tick-tick-tick	For your Team, Team	
BOOM	Everybody lets Shout and Scream for	
Watch out	y <mark>our Team</mark>	
Hey Hey, Go Fight Win (poms)	2 Bits, 4 Bits	
Hey Hey, Til the End	6 Bits <mark>a D</mark> ollar	
Hey Hey, Go Fight Win	All for the Canes	
Until the very end	Stand up and Holler	
Hey, Hey You	Down Down the field (poms)	
Get out of our way,	Up Up the score	
Cause today is the day	Down the field	
We will put you away	Up the score	
Put you away	We want more	
Pump, Pump, Pump it up	Fired up C-ville, Fired up (poms)	
Pump that Hurricane spirit up	HEY!	
Let's get a little bit Rowdy	We've got spirit, yes we do	
R-O-W-D-Y	We've got spirit, how about you?	
Bang Bang, Choo Choo Train	Georgia Peaches	
Come on Hurricanes do your thing	Texas Cactus	
Get it, Get it	We think you <mark>r team ne</mark> eds a little	
Got it, Got it	practice	
Uh and let it Roll	Bet ya 5	
Uh and let it Roll	Bet ya 10	
	Bet ya our team's gonna win	

VIII. Conduct

- **A.** No person other than scheduled teams, coaches, referees, school or league officials are allowed on gymnasium floors during practices or games.
 - 1. Coaches and league officials reserve the right to ask unauthorized personnel to vacate the floor.
- **B.** No rowdy behavior, profane language, alcoholic beverages, weapons, drugs, tobacco, intoxication, or display of unsportsmanlike conduct will be tolerated in this league, from the players, coaches, parents or visitors.
 - 1. Violation of any of the previous rules could potentially result in expulsion from the basketball league.
- C. Only team members, the head coach and one assistant coach will be allowed on the bench.
- **E.** During practice, if a player uses physical aggression towards another player, coach, etc. or is disruptive during practice, it will be reported to the League Coordinator following the incident(s).
 - 1. The first offense will result in a warning.
 - 2. The second offense will result in suspension from the next practice or regular season, whichever comes first.
 - 3. The third offense will result in expulsion from the league.
- F. A fan that is disruptive to the flow of the game (e.g., game must stop because of actions of individual), threatens anyone (e.g., referee/coach/player/league official or other fan) verbally or physically, will be asked to leave Cartersville Parks and Recreation grounds either by the referee, league official, city authority, or local law enforcement. That fan will not be privileged with access to any league functions for the rest of the season.
- **G.** Any player or coach threatening a referee physically or verbally will be ejected from the game and must leave the Cartersville Parks and Recreation grounds immediately. The player or coach will meet with the League Coordinator for a hearing. The League Coordinator reserves the right to remove that individual from the league after the first offense. No refund will be provided to the player.
- H. If a player or parent has a grievance against a coach, they must submit their grievance in writing via email or mail to the League Coordinator. Please allow 72 hours for the League Coordinator or department staff to respond.

IX. Facility Addresses

Dellinger Park 100 Pine Grove Road Cartersville, GA 30120

X. Inclement Weather

When Cartersville City schools are closed for inclement weather, all city school facility use is canceled until school resumes. If schools are canceled on Friday, all facilities in use on the weekend will be canceled, regardless, if conditions improve. In the event of inclement weather, please check in to one of the following:

Media Sources for school closing info:

Television:

WSB-TV (Ch. 2)

WAGA-TV (Ch. 5)

WXIA-TV (Ch. 11)

WGCL-TV (Ch. 46)

Radio:

WGST (340 AM)

WSB (750 AM)

WBHF (100.3 FM)

Please visit www.cityofcartersville.com or call (770) 387-5149 to confirm any cancellations.



XI. F.A.Q.

How do I register?

Registration will only be taken online at www.cityofcartersville.org, or on MyCartersville App.

Can I register my child at assessments or just show up there and then register after?

Players have the option to attend assessments and pay later, if assessments occur before the registration deadline. However, attending assessments DOES NOT guarantee a spot in the league for late registration.

What if I need to change uniform sizes?

If you need to change the sizing of a player's uniform, changes will be made at no charge if requested before the registration deadline.

When will game schedules be published?

Game schedules should be published by the weekend prior to the first games of the season.

When I have a concern or problem, who do I contact?

In order to establish a good chain of command and use our resources wisely we would encourage you to first contact your local League Director and/or Game Day Staff.

Can you prorate the registration fee for families with multiple kids?

No, our budget is already very lean with our projected revenues and expenses for the league.

How can I receive financial assistance to register my child?

Assistance is available on a first come, first serve basis and is available to City of Cartersville residents only. Please call 770-387-5149 for more information.

Can my child play up an age division?

No. In adhering to this rule, we have found that it keeps our divisions fair and beneficial for all participants.

Do you offer a league for kindergarteners?

No, but all enrolled kindergarten players that register to play will be placed in the 6U boys or girls division which does not keep score as it emphasizes having fun and teaching basic fundamentals in preparation for future competitive play.

How many recreational players and teams will there be?

That is entirely up to you! We will not turn anyone away during regular registration dates (see Calendar of Events). We are prepared to facilitate as many players as needed. During late registration we will only be able to fill the remaining spots to balance out teams as best as possible so don't delay in registering on time.

Is there a mandatory playing time rule?

Yes, see our Playing Rules within the manual for a specific explanation.

Will there be a Post Season Tournament at the end of the regular season?

No, there will not be a post season tournament.

When will my team practice?

Practice days/ times during the preseason could be Monday- Saturday. When the games start, the teams will get one weekday practice and games are played on Saturdays. Practice times are assigned based on the head coaches' requests and field availability. All of this is subject to change based on field availability.

When is my child's assessment time?

All assessments are to be held between the designated dates listed on the Calendar of Events.

How do I sign up to be a head coach or assistant coach?

Visit the Youth Recreation Page on the City of Cartersville page (www.cityofcartersville.org) and click/fill out the portion of the coach's application. Every volunteer (head coach and assistant coach) must complete and pass a criminal background check.

Will we play games or practice during school breaks throughout the season?

No, there will not be any scheduled games or practices permitted during any school breaks. We operate in congruence to the City of Cartersville School calendar.

Still have more questions?

Please email Allison Rutledge @ <u>arutledge@cityofcartersville.org</u> or Jaylon Pugh @ <u>jpugh@cityofcartersville.org</u> and put FAQ in the subject box. They will be more than glad to answer your questions and add it to the FAQ if it pertains to the league.

Volunteer Coaches

All coaches are required to complete a criminal background check & must adhere to the Cartersville Basketball Coaching Expectations and Responsibilities

- A. I understand that my responsibilities as a volunteer coach are of great importance and that my actions have the potential to significantly influence the young athletes I coach. Therefore, I promise to uphold the following expectations of the athletes and integrity of the league. All participants shall:
 - 1. Participate at an age-appropriate level corresponding with each child's maturity and ability.
 - 2. Have an informed and fair coach.
 - 3. Play as a child and with the expectations of a child.
 - 4. Participate in safe and healthy environments.
 - 5. Have proper preparation for participation in the games and practices.
 - 6. Have an equal opportunity to strive for success.
 - 7. Have fun playing basketball.

B. I also promise to conduct myself in accordance with the Parent Code of Conduct and following expectations outlined here:

- 1. I will treat each athlete, opposing coach, official, parent and the League Coordinator with respect and dignity.
- 2. I will be a role model for the players by displaying and teaching: good sportsmanship, appropriate, conflict resolution, and effective communication.
- 3. I will hold my players responsible for cleaning up after themselves.
- 4. I will do my best to promote the fundamental skills, teaching, evaluation techniques, and strategies to help my team mature as basketball players.
- 5. I will become thoroughly familiar with the rules of the league and my division.

C. Consequences of misconduct:

- 1. Technical fouls and/or ejections due to coach's misconduct may result in game suspensions or removal from league indefinitely.
- 2. Accumulation of three (3) technical fouls due to coach's misconduct is an automatic disqualification from coaching for the remainder of regular and post season play.
- 3. The League Coordinator and/or Cartersville Parks and Recreation staff has the authority to issue necessary disciplinary action related to coach's misconduct or inappropriate representation of the league.

Parents

City of Cartersville Parks and Recreation Parent Code of Conduct

- **A.** I will help the coach aid my child by making certain he/she is on time and properly equipped for all practices and games.
- **B.** I will support the team, division, and league, as they strive to give my child a positive experience. I understand that my child's coach has volunteered to spend countless hours of their personal time with my child.
- C. I will abide by the following rules at all Cartersville Parks and Recreation & City of Cartersville School Systems facilities:
 - 1. No food, drinks (including water), or gum are allowed in the gymnasium areas.
 - 2. No roller shoes of any kind are allowed in the gymnasium areas.
 - 3. No weapons of any kind are allowed on CPRD or school premises.
 - 4. Alcohol and tobacco products are not permitted on CPRD or school premises.
 - 5. Violence of any type will not be tolerated on CPRD or school premises.
 - 6. Always remember, we are guests in their facilities; their supervisors are in charge, always.
- D. I will respect the officials and coaches, including their authority during games. I will never question, discuss, or confront the officials and/or coaches during or after a game. If I want to talk to the coaches, I will do so at practice.
- E. I will refrain from coaching my child or other players during games and practices unless I am an official coach of the team. I understand that Cartersville Parks and Recreation is currently accepting coach's applications for the next season.
- **F.** I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, and other youth sporting events.
- G. I will remember the game is for fun; winning should never be placed ahead of the emotional and physical well-being of any child. I expect my child and his/her coach to do the best they can, and that is all I can expect.
- H. I will cheer for my child's team in a positive manner; refrain from being negative toward the opposing team, the officials, coaches, or recreation personnel.
- I. I will support all coaches and officials working with my child to encourage a positive and enjoyable experience for all.
- J. I will remember that the game is for its participants, not the adults.
- **K.** I will remain in the spectator area during game play and practices as well as cooperate with all recreation personnel.
- L. I understand no profanity, or any inappropriate language will be tolerated under any circumstance before, during or after a Cartersville Youth Basketball League event and that if I choose to use profanity during these times, I will be removed from the gymnasium.

Participants

- **A.** In the event a player is disruptive at practices or misses practices, the coach shall, notify the parents/guardian of the child involved on the first offense.
 - 1. After the initial warning, (second or more offenses) the coach shall notify the League Coordinator.
 - 2. Upon the approval of the League Coordinator, the coach may limit the playing time of that player during the next game.
 - 3. Subsequent decisions made regarding discipline will be on a case by case basis.
- B. A written notice will be placed in the scorebook. Prior to the start of the game, both coaches will be notified of the player in question.
- C. In the event a player arrives to a game after the first quarter has been completed, the coach has the prerogative to limit the playing time of that player for the remainder of that half.

Calendar of Events

Jun 6 th - Aug 19th	Registration Opens- City of Cartersville Residents
Aug 20th	Late Registration
Aug 22 nd	Uniform Sizing
Aug 22 nd	Draft
Aug 24 th	Clinic
Aug 29th	Practice Begins
Sept 13 th	Regular Season Begins
Oct 25 th	Season Ends

Administrators and Officials: **Expectations and Responsibilities**

- **A.** Only the head coach will be permitted to question a referee's call.
 - 1. Only potential rules mistakes can be questioned (no judgment calls can be questioned). If a coach believes a mistake has been made, he/she shall then call a time out and question the referee.
 - 2. If the coach is correct his team will not be charged with the time out. If the coach is not correct, then his team will be charged with the time out.
 - 3. If the team has no remaining time outs, the team will be charged with a technical foul (delay of the game).
 - 4. Referees shall judge the degree or strictness of rules interpretation as requested by the city.
- B. The league will provide both a scorekeeper & clock keeper on game day for all age divisions.
- C. Supervision of the game will be under the referee, city representative and/or the League Coordinator.
- **D.** All players must be in the same, untampered uniform provided by the league to participate in games.

Cartersville Parks and Recreation

100 Pine Grove Road Cartersville, GA 30120 www.cityofcartersville.org

Allison Rutledge

Athletic League Coordinator arutledge@cityofcartersville.org 470-591-9191- Cell

Jaylon Pugh

Athletic League Coordinator jpugh@cityofcartersville.org 470-654-7487- Cell